

Lakes and Fells all day run

Saturday 29th June. Leaving Shell garage, Ulverston at 10:00. Approx 120 miles round trip with fuel stop at 46 miles. One hour lunch stop in Keswick. Bike parking next to the “Hot Tram roll” food caravan. Lots of cafes, chippys etc in Keswick.

Leave shell garage on A590 to Newby Bridge, then turn left at roundabout onto A592 to Bowness, turning left at roundabout. Stay on A592 for 2 miles. At next roundabout, go straight on to Troutbeck, and over Kirkstone pass, and down to Brothers Water. Go through Patterdale and Glenridding and on to Aira Force car park for Toilets.

Leave car park, backtracking 100 yards, turning right onto A5091 sign posted Dockray. At T junction with A66, turn left signposted Keswick. Stay on A66 for 5 miles, before turning left onto minor road signposted Castlerigg Stone Circle. Half a mile later, turn left, then left again 400 yards later. All the while following signs for Castlerigg Stone Circle. 10 minutes stop at Stone Circle.

Carry on the same road, dropping down into Keswick, turning left, then right onto A5271, signposted town centre. ¼ mile later stop for fuel if necessary, (about 75 miles yet to travel). Carry on into town centre, turning left at small roundabout, signposted Borrowdale. 400 yard later, turn left into “Central long stay car park”. Follow road along to Bike parking next to “Hot Tram Roll” food outlet. Lunch stop for one hour

Leave car park, backtracking to small roundabout, turning left signposted Cockermouth. 1 mile later, turn left again onto A66. After a mile, fork left signposted Braithwaite. In village, turn left, signposted Newlands Valley, the left again over humpback bridge, signposted Buttermere.

After about 6 miles turn right in Buttermere signposted Cockermouth. Ride past Crummock Water, and at next T junction, turn left onto C2030 signposted Lowswater. At next T junction turn left (not signposted). At junction with A5086 turn left signposted Egremont. After only ¼ mile, turn left signposted Ennerdale. Go through Ennerdale Bridge, and on leaving, turn left signposted Calder Bridge.

Continue over Cold Fell, then in Calder bridge, turn left at T junction with A595. After about 2 miles turn left signposted Gosforth. Stop at car park in village for Toilets.

Continue and on leaving Gosforth, turn right signposted Eskdale. Stay on this road, going through Santon Bridge and Eskdale Green and ride over Birker Fell. At next T junction, turn right signposted Broughton. At Duddon Bridge, turn left onto A595.

One mile later, turn left into Broughton and the town square. Turn right, and leave town. Turn left at next T junction and follow signs back to Ulverston.

Hope you had a good trip